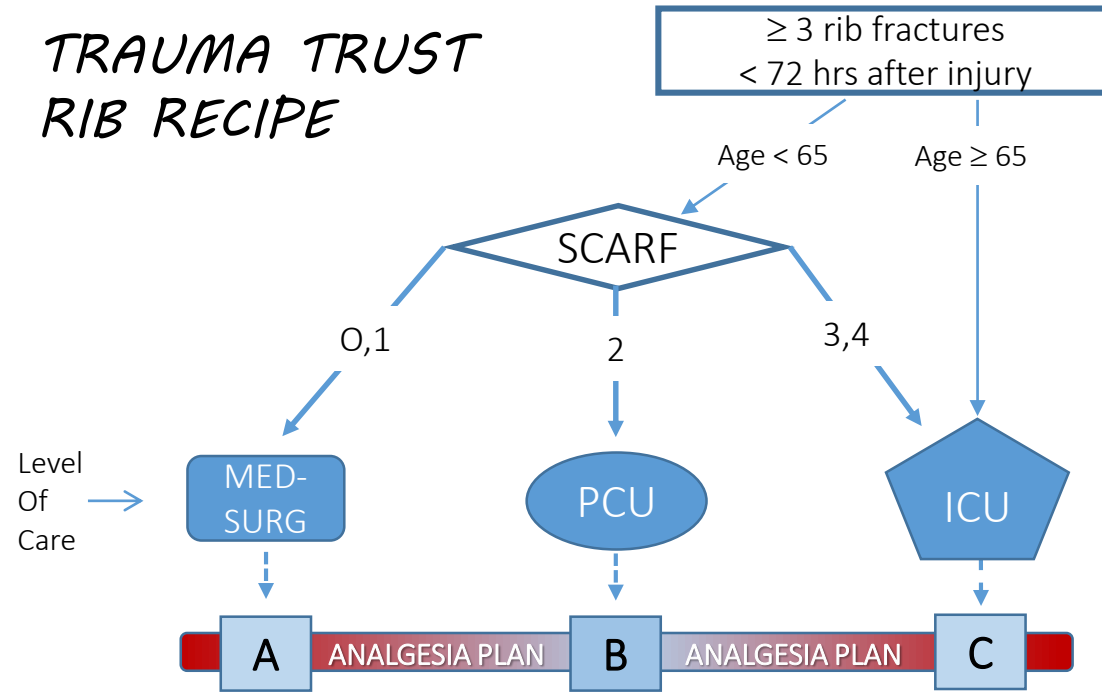


# TRAUMA TRUST RIB RECIPE



## ANALGESIA PLAN

A = multimodal oral +/- Lidoderm patch

B = A + iv opiate PCA

C = A + B + iv ketamine infusion +/- epidural

Obtain **CXR** within 8 hours prior to discharge from hospital.

## SCARF (Sequential Clinical Assessment of Respiratory Function.)

VARIABLE	NO	YES
1. I.S. use < 50% predicted <sup>1</sup>	0	1
2. Resp. Rate > 20 breaths/min	0	1
3. PAIN SCORE ≥ 5	0	1
4. INADEQUATE COUGH	0	1

TOTAL SCARF SCORE: 0 – 4

<sup>1</sup> per Resp. Therapist using sex/height/age nomogram

### Risk For Complications

0 = low; 1, 2 = intermediate; 3, 4 = high

## WHEN TO DOWNGRADE\*

Downgrade to lower level of care once the patient achieves the SCARF score associated with the destination level of care x 12 hours *while on destination level of care's analgesia plan.*

**Example 1:** ICU → PCU once pt has achieved SCARF score of 2 for at least 12 hrs. *while only taking oral analgesics + opiate PCA +/- Lidoderm patch.*

**Example 2:** PCU → MED/SURG once pt has achieved SCARF score of 1 for at least 12 hrs while only taking oral analgesics +/- Lidoderm patch.

**Example 3:** D/C home or to SNF/rehab once pt has achieved SCARF score of 0 *while on oral analgesics +/- Lidoderm patch only.*

\*assuming no other injuries or conditions requiring the current level of care