

# ORTHOPEDIC TRAUMA DVT PROPHYLAXIS GUIDELINES

## ■ Inpatient

- All lower extremity and pelvic fractures should be treated with enoxaparin and SCDs
- Initiate enoxaparin within 24 hours if no contraindications
- Do not hold enoxaparin for orthopedic procedures unless requested by orthopedic surgeon

## ■ Post-discharge

- Pelvic, acetabulum, and elderly hip fractures should get enoxaparin x 4 weeks
  - Xarelto may be used as an alternative
- VTE prophylaxis should be given to:
  - Wheelchair bound
  - Unable to mobilize independently
  - History of DVT/PE
  - Spinal cord injury or major spinal column fracture